

# WILDCRAFTING CHECKLIST

- o Can you 100%, without a doubt, correctly ID the plant you want to harvest?
  
- o Are you familiar with any look-a-likes to this plant?
  
- o Do you have the correct tools to harvest the particular plant parts you would like?
  
- o Are you familiar with the growing habits of this plant? Can you help to propagate it?
  
- o Are you aware of the ideal harvesting stages for the plant part you are harvesting? (Roots, bark, leaves, seeds, flowers, etc)
  
- o Do you know the ethical amount to harvest of this plant?
  
- o What do you plan to do with this plant?
  
- o How much of it do you need to harvest?
  
- o Have you set aside time to process the plants once they are harvested? Do you have all the materials needed for processing?
  
- o Have you located the area where you plan to harvest?
  
- o Is this a healthy stand of plants that can support harvesting?

- o Are there any signs of herbicides being sprayed?
  
- o Is it far from roads, trails, power lines, railroad tracks, golf courses and other areas that are frequently sprayed?
  
- o Do you need a permit or land-owner permission to gather from this location?
  
- o Are you familiar with the other plants, animals, insects and other eco-system considerations that rely on this plant?

#### Harvesting Checklist

- o Have you checked for this plant on the United Plant Savers list of endangered plants? Are you aware of its abundance in your area?
  
- o Are you in a calm state of mind to consciously pick plants?
  
- o Once done are you able to judge the impact you had on the area? Have you filled in holes? Treaded lightly to avoid soil compaction?

*\*Wildcrafting is Stewardship\**